

8's

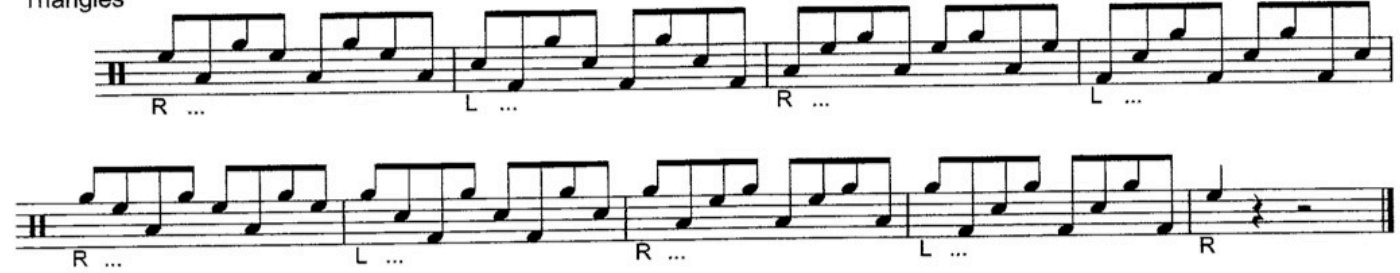
Stock



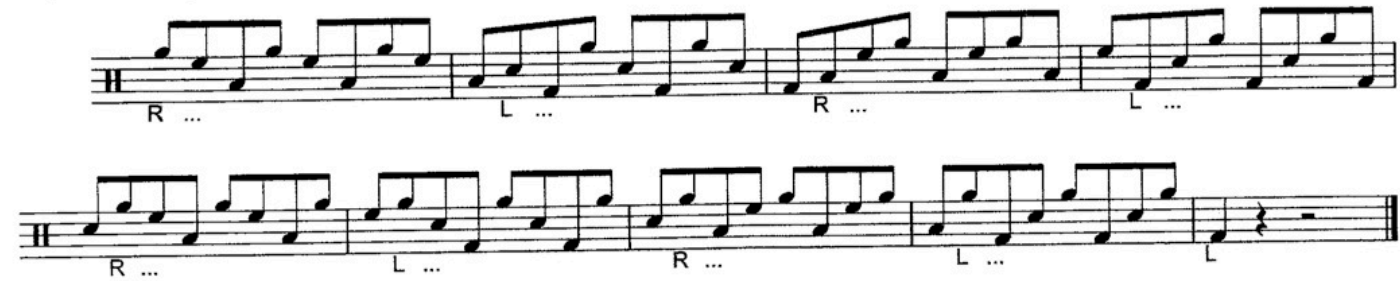
Displaced



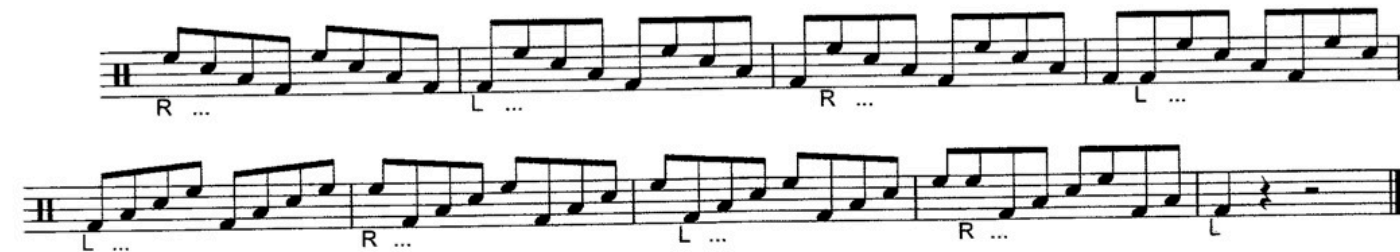
Triangles



Displaced Triangles



Down the Drums

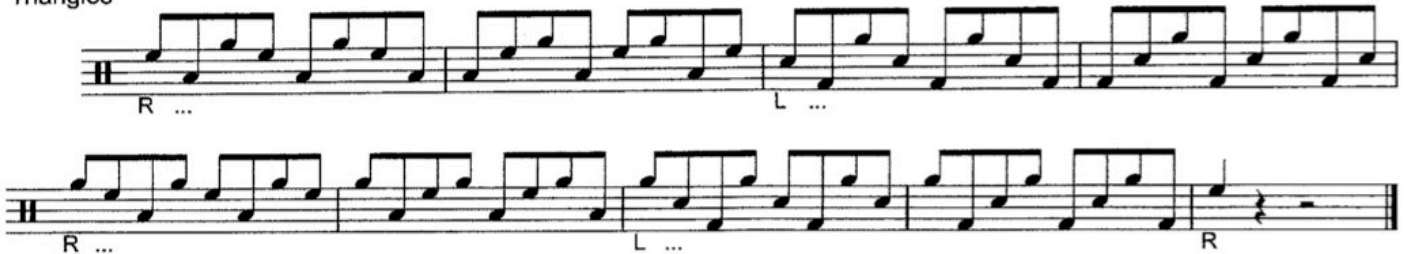


16's

Stock



Triangles



Down and Up

Stock



Triangles



* Do inverse dynamics for Down and Up "split"

Bucks

Around



Threes



Triplet Bucks

Around



Fours



Huk-a-diks

Around



Scrape Toward Accent



Scrape Away



Threes



Huk-diggadiks

Around



Double Beat

Stock

5 

9 

13 



Downbeats Out

5 

9 

13 

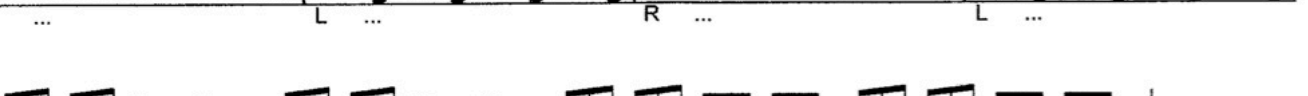


Downbeats In

5 

9 

13 



Jungle Patterns

Jungle	Reverse Jungle
Urban Jungle	Suburban Jungle
West Out	West In
East Out	East In

Jungle Examples

Accents-Flams in (Jungle)

Jeepers Creeper in (West Out)

Swiss Flam-tap in (Reverse Jungle)

*Jungle patterns can be used for ANY accent/tap exercise

Slow-Fast Patterns

(7) 

(9) 

(13) 

(15) 

Slow-Fast Examples

Diddles #1 in (7)



Pat's in (13)



Sevens in (15)

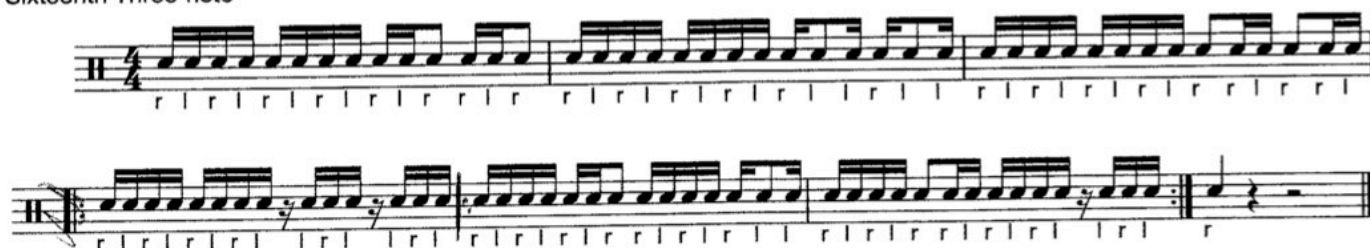


*Try inputting a variety of exercises into ALL slow-fast patterns. Practically all exercises with alternating sticking and no flams can work in the patterns.

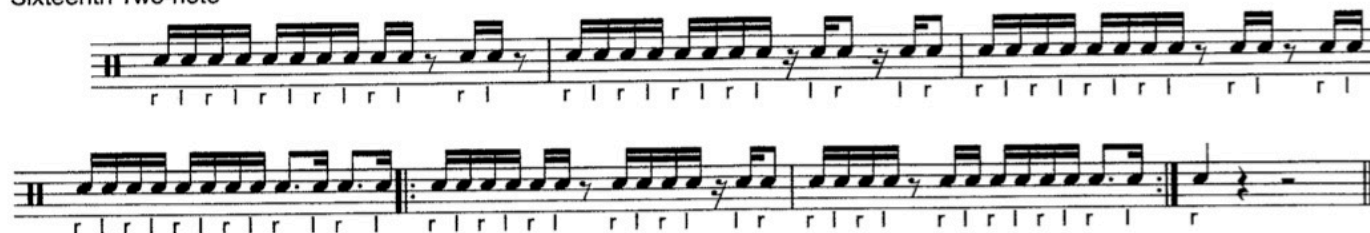
**When starting exercises off the L hand, mirror the slow-fast patterns by starting on drum 4.

Timing

Sixteenth Three-note



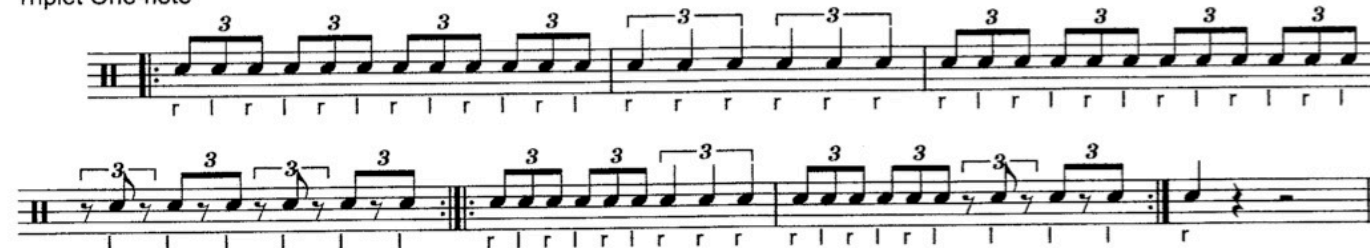
Sixteenth Two-note



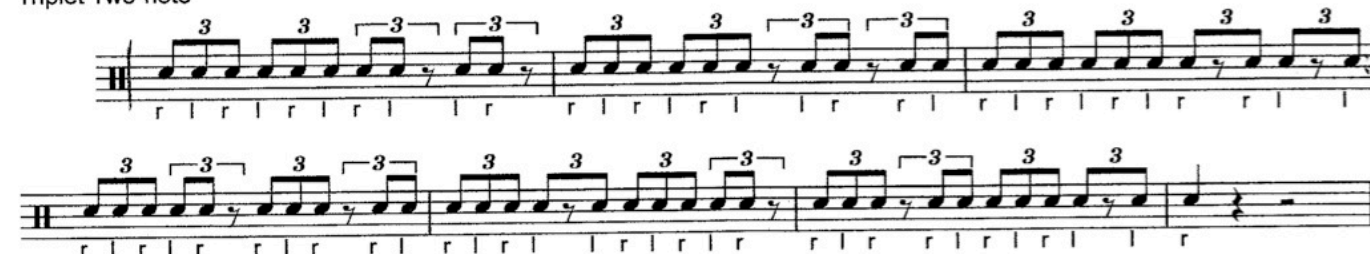
Around Ideas that can be applied to the above....



Triplet One-note



Triplet Two-note



Around ideas that can be applied to the above...

